

A YEAR'S WORTH OF DINNERS, MORE OR LESS

FROM THE EMPEROR'S CRUMBS



Happy New Year to all our readers!

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JANUARY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Töki pömpös
2 Portobello burgers Roasted green beans	Wheat berry salad with roasted squash, chickpeas, & mushrooms	4 Sloppy Joes Sautéed Chard	5 Fish and veggie tacos	6 Rakott kaposzta	7 Leftovers	8 Burgers Spinach salad Garlic rolls
9 Dinner with friends	10 Sesame peanut noodles with mange-tout and chicken	11 Pulled pork Potato-kale cake	12 Kashi salad with lots of stuff in it	13 Dinner with family	14 Dinner out	15
16 Wheat berry salad with Asian flavors (broccoli, tofu, etc)	17 Something from Trader Joe's freezer	18 Fish sticks Rice	19 Veggie hummus wraps	20 Pizza or leftovers	21 Chicken, Curried cauliflower, potatoes, chickpeas & spinach	22 Restaurant birthday dinner
23 Big fat yummy salad with croutons	24 Portobello mushroom burger or hamburger, green beans	25 Penne with cauliflower and mustard breadcrumbs	26 Miso soup bowls	27	28	29
30	31					

FEBRUARY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5 Green salad Lunch leftovers
6 Ravioli/tortelloni with arugula and asparagus	7 Katona leves	8 Noodle cake (Deborah Madison) Sugar snap peas	9 Veggie cheesetost melts	10 Gorditas	11 Lasagne at grandma's	12 Dinner with family
13 Chicken, pasta with tomato- artichoke-olive sauce, spinach salad	14 Red lentil soup with lemon Naan	15 Chicken, squash and red pepper pilaf	16 Sloppy Joes broccoli	17 Veggies in miso dressing over noodles	18 Roasted potatoes and veggies	19 Asian noodle soup, Hungarian potato bread, Chewy chocolate cookies
20 Sausage, paraj soft rolls	21 Oven-baked fish nuggets , oven fries sautéed greens	22 Thai tofu-squash stew, rice	23 broccoli Pasta with tomato- eggplant sauce	24 Middle Eastern night: falafel, Hummus, slaw cold cuts	25 Breakfast for dinner: eggs, pancakes, bacon	26 Smoky Minestrone with Tortellini and Pesto
27 Chicken, potatoes brussels sprouts	28 livance Cauliflower curry					

MARCH 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Sausage, pasta with chard and garlicky breadcrumbs	2 Takeout pizza	3 Pork tenderloin, chickpeas sautéed with tomatoes and zucchini, rice	4 Veggie hummus wraps	5 Pasta with kale and potatoes
6 Dinner out	7 (mushroom) burgers, roasted green beans	8 Steamed dumplings: chicken & veggie	9 Bean soup with chard, artisan bread in 5 minutes, hopefully.	10 (Chicken and) greens with dumplings	11 Mushrooms in wine sauce over polenta	12 Family birthday dinner
13 Pasta with mushrooms/ham, roasted green beans	14 Bao with various fillings	15 Tamale pie (black bean and squash), salad	16 Spinach and chickpeas on toast	17 Ham, colcannon	18 Chicken soup	19 Dinner out
20 Wonton soup (tofu instead of pork)	21	22 Cauliflower curry , rice	23 Vegetarian chili (Bon Appetit), corn muffins	24 Peanut noodles with green beans & chicken	25 Lángos	26 Burgers, homemade fries, asparagus
27 Chickpea casserole , mac & cheese, spinach salad	28 sandwiches	29 Chicken, farro salad with mushrooms & beets	30 Breakfast for dinner	31 Slow cooker night		

APRIL 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Mediterranean night: falafel, slaw, hummus, veggies, cheese	2 Baked potatoes
3	4 Farrotto	5 Thai beef and glass noodle salad	6	7 Sausage, cannellini beans & kale , bread	8	9 Cauliflower and parmesan cake
10 Leftovers	11 Roast chicken, pasta with potatoes & kale	12 Stewed lentils and potatoes , spinach salad	13	14 Spaghetti with chickpeas	15 Squash & lentil salad with goat cheese , roasted green beans	16
17 Hot dogs	18 Pizza night!	19 Tortellini pasta salad	20 Pork chops, sautéed greens, rice	21 Bugs Bunny pasta , broccoli	22 Fried rice	23
24	25 Burger night!	26 quesadillas	27	28	29	30

MAY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Party food	2 Broccoli pasta	3 curried cauliflower	4 Dinner at the farmers' market	5 Chicken, rice, green beans, strawberries & whipped cream	6 Taco night	7 Dinner out
8 Pea soup , bread	9 Chicken, tarhonya (Israeli couscous), spinach	10 Saag tofu , rice	11 Slow-cooker pork, chickpeas sautéed with tomatoes and zucchini, pasta	12 Malfatti with ham or tomato sauce	13 Tacos with porky leftovers, corn salsa roasted squash, black beans	14 Dinner out
15 Pasta from Asparagus to Zucchini	16 Make-your-own pizza	17 Crepes (palacsinta) with jam and savory fillings	18 Pork chops, roasted potatoes, broccoli	19 Chopped salad with tofu , brown rice	20 Coconut red lentil soup over rice , fish sticks	21 Cheese toast
22 burgers	23 Roasted vegetable soup (Everyday Food)	24 Roasted pork tenderloin, Pasta with squash	25 leftovers	26	27	28
29 Bok choy & tofu in miso sauce over rice	30 panini	31 Chicken and dumplings, sautéed kale				

JUNE 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Beet salad with barley	2 Pasta with artichokes and roasted tomatoes	3 Leftover soups from freezer	4 Roast meat, oven roasted potatoes and beets, greens with onions and crumbs
5 Bugs Bunny pasta , broccoli	6 Pea soup , bread	7 Chicken, corn and bean salad over spinach	8 Mediterranean night: falafel, slaw, hummus, veggies, cheese	9 Last day of school dinner out!	10 Stir fry with vegetables	11 Farrotto , fish sticks
12 Roasted red pepper soup , bread	13 Dinner with family	14 Indian vegetables with dal	15 Big yummy salad with bacon and avocado	16 leftovers	17 Out of town	18 Out of town
19 Out of town	20 Palacsinta roasted veggies with salad	21 Veggies in miso sauce over cold soba noodles	22 Bulgur salad with chickpeas tomatoes and whatnot	23 okonomiyaki	24 Saag tofu , rice	25 Takeout
26 Sandwiches	27 Chicken, chickpeas & cauliflower , spinach	28 Spaghetti with broiled tomatoes & cheese	29 Burgers, broccoli	30 Aloha! Off to Hawaii for a week		

JULY 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9 Homemade pizza
10 Macaroni salad , chicken	11 Burgers, broccoli	12 Chickpea salad	13 Tacos (fish?), Black bean & corn salad	14 Panzanella	15 Off the Grid	16 Roasted potatoes & veggies
17 Orzo salad with basil, roasted zucchini and tomatoes	18 Spinach salad with sweet potatoes , french toast, bacon	19 Kebabs, couscous with chickpeas in a lemony dressing	20 Quesadillas, cabbage with Soyaki	21 Miso ramen soup	22 Tomato sandwiches on toast	23
24 Burgers, green beans	25 Chopped salad with beans, corn, hard-boiled egg, etc., flatbread	26 Banh mi	27 Pasta with chickpeas and zucchini	28 Coconut red lentil soup over rice , chicken	29 Salad, breakfast for dinner	30 Mini corn dogs, tomato sandwiches, broccoli
31 Takeout						

AUGUST 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Quinoa salad	2 Lentil salad with feta, tomato & greens, garlic rolls	3 Burritos with pork and such	4 Leftovers from Chinatown	5 Chicken, tomato-pasta salad	6 Dinner out
7 Kimchi fried rice, Bok choy	8 Taco salad	9 Panko-crusted chicken, noodle cake, Bok choy	10 gazpacho	11 Saag tofu , rice	12 okonomiyaki	13 Fix-it-yourself burritos, birthday cake
14 Party leftovers	15 Spring rolls with various dipping sauces	16 Burgers	17 Greek salad with orzo	18 Panzanella	19	20 Chicken, quinoa & black bean salad
21 Make-your-own pizza	22 Dinner out	23 Pork, spinach	24 Soba soup (with leftover pork/spinach)	25 Hungarian style duck	26 Quesadillas, corn & tomato relish	27 Duck with potatoes and bitter greens salad
28 Pasta and kale with caramelized onions	29 Bao: steamed and baked with duck, bok choy, and of course chocolate	30 Frittata, palacsinta	31 Pork szelet sandwiches, salad			

SEPTEMBER 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Pita, Cauliflower with tahini , tomatoes cucumber cheese	2 Paraj , sausages eggs	3 Daddy's special , or pasta with spinach sauce
4 Panzanella, broccoli	5 Indoor barbeque: Fish, Burgers Potato salad Banana ice cream	6 Quinoa with pesto	7 Tortellini with arugula	8 Chana masala , rice	9 Off the Grid	10 Beans, sauerkraut brown bread
11 Černohorsky rezen Wheat berry salad with squash and kale	12 Pea soup , struan	13 Homemade pizza	14 okonomiyaki	15 Spring rolls with leftover okonomiyaki filling	16 School cookout	17 Dinner out
18 Tomatoes and toast; veggie sausage nappa zuke, fruit cobbler	19 Chicken with glass noodles	20 pasta salad with squash , chard, and goat cheese	21 Tacos with leftover chicken, etc	22 Palacsinta with jam or cheese and ajvar	23 Goulash, potato bread	24 Pork with sweet potato hash
25 Pasta with tofu dressing, Brussels sprouts	26 Minestrone soup with cheese dumplings (Martha Stewart Magazine)	27 Roasted veggies with sausage	28 Welsh rarebit with spinach	29 Pasta with creamy eggplant-tomato sauce , salad	30 Chicken and rice, chickpeas sautéed with tomatoes and zucchini,	

OCTOBER 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Dinner out
2 Leftovers from block party	3 Lentils and kale with farro	4 Pork, roasted cauliflower, potatoes	5 Tomato soup with grilled cheese	6 Sandwiches	7 Miso ramen	8 Make-your-own pizza
9 Orecchiette with kale and onions	10 Lentil soup , mini breads	11 Chicken skewers, quinoa with chickpeas, Brussels sprouts	12 Hungarian potato bread and yummy topping	13 Meatballs of various kinds, Toasted farro with greens & tahini	14 Dinner out	15 Saag tofu , rice
16 Pork tenderloin, roasted beets and potatoes	17 Pasta with chickpeas, broccoli	18 Okonomiyaki & other pancakes	19 Bean & squash soup , cornbread	20 Spring rolls with peanut dipping sauce (Soyaki + peanut butter)	21 Burritos with: pork, cheese, slaw beans	22 Clean out the freezer
23 Töki pömpös , spinach	24 Yakisoba from Japantown	25 Sliders, Crispy cauliflower	26 Noodle cakes, green beans	27 Katona leves, bread, kale	28 Quesadillas with chicken and other things	29 Farro with squash, chickpeas, etc.
30 Chicken tenders, leafy green salad	31 Burgers & hot dogs, oven fries, broccoli					

NOVEMBER 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Leftovers	2 Paraj , French toast, eggs	3 Tortellini en brodo	4 Fondue! With bread, broccoli, cauliflower	5 Make-it-yourself pizza
6 Baked chicken with potatoes, green beans	7 Spinach & scallion dutch baby pancake , sausages	8 Spaghetti with chickpeas	9 Yellow split pea főzelék	10 Out to dinner	11 Burgers and broccoli	12 Slovak cabbage soup, potato pancakes
13 Chicken, Garlic rolls , broccoli	14 Grenadir mars , sautéed greens	15 Indian cauliflower with rice and chickpeas	16 Pasta with creamy tofu sauce, green beans	17 Goulash, bread	18 Quinoa with squash and Brussels sprouts	19 Dinner out
20 Mac & cheese , roasted beets	21 Yakisoba with greens	22 Sausage, Lentil-chard soup with feta , bread	23 chicken, tofu and kale salad , brown rice	24 Thanksgiving! Pork, Green beans, Grain salad with squash & Brussels sprouts, mashed potatoes, Sweet potatoes. die	25 Leftovers	26 Clean out the freezer
27 Homemade bagels, cream cheese, lox	28 Miso soup	29 Cheesetoasts with peppers and broccoli	30 Pork, roasted beets, carrots, potatoes			

DECEMBER 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Spiced tomato-lentil soup , crepes	2 Spinach/kale with chickpeas and caramelized onions	3 Pork chops, quinoa with Italian veggies
4 Spinach/kale with chickpeas and caramelized onions	5 Baked chicken and garlic, chickpeas sautéed with tomatoes and zucchini,couscous	6 Burgers and broccoli	7 Curried cauliflower , rice	8 Baked potatoes with toppings: bacon, cheese, broccoli, etc	9 Soups from the freezer, flatbread	10 Dinner out
11 Chicken, broccoli & potatoes with gribiche	12 Pasta with creamy eggplant-tomato sauce , green beans	13 Lentil burgers & Hamburgers, avocado, watercress	14 Winter panzanella	15 Taco night	16 Leftovers	17 Roasted garlic & smoky greens soup , Babinka's pogacsa
18 Make-your-own pizzas	19 Quinoa with black beans, bacon	20 Chicken, Brussels sprouts, latkes	21 Tofu, soba noodles with black sesame seed paste	22 Cheesetoasts with peppers and broccoli	23 Kale and chickpea salad with farro and lemon-parmesan dressing	24 Christmas Eve celebration!
25 Leftovers	26 Pork chops, Brussels sprouts, Hungarian potato bread	27 donburi	28 Chickpeas, bacon, roasted cauliflower and quinoa	29 Tortellini en brodo	30 Pasta with olive, artichoke and tomato sauce, spinach	31 New Year's eve sandwiches , lentil salad